

Directions to I-70 Clinic

1100 N. Hena St., Greenville, IL

From Chicago (north) – 4.5 hours travel time

Take I-55 south to Raymond / Route 127 exit (exit 63)
Take Route 127 south to Route 140
Take Route 140 east approx. 5 miles
School complex is on right

From St. Louis (west) – 45 minutes

Take I-70 east to the 2nd Greenville exit (exit 45)
Take Route 127 north to Idler Lane
see local directions below

From Indianapolis (east) – 3 hours

Take I-70 west to Greenville exit (exit 45)
Take Route 127 north to Idler Lane
see local directions below

From Marion / Carbondale (south) – 1.5 hours

Take Route 127 north to Greenville
see local directions below

From Louisville (southeast) – 4 hours

From Evansville – 2.5 hours

Take I-64 west to Route 127 (exit 50)
Take Route 127 north to Greenville
see local directions below

Local Directions (west, east, south, southeast)

Turn right (north) off of Route 127 onto Idler Lane
Take Idler Lane to the fifth left-hand turn
Turn left (west)
After 2 stop signs, auditorium is at far west end of HS

Lodging Information



Super 8 Motel
I-70 & Route 127
Greenville, IL 62246

618.664.0800

rooms starting at \$50.00
Restaurant & bar across the street

Comfort Inn & Suites
I-70 & Route 127
Greenville, IL 62246

618.664.9700

clinic rate \$71.99 + tax
includes a full hot breakfast



Clinic Schedule

January 21, 2013

8:00	-	8:55	Registration / Donuts
8:55	-	9:00	Announcements
9:00	-	9:45	Hitting Philosophy and Approach Brad Mills
9:50	-	10:35	Hitting Drills John Cohen
10:35	-	10:45	Break / Visit Exhibits
10:45	-	11:15	Catching Skills & Drills Jake Wells
11:15	-	12:00	Mississippi State Practice - Start to Finish John Cohen
12:00	-	12:50	50-50 / Visit Exhibits / Catered Lunch Ham, Roast Beef, Chicken & Noodles, Mashed Potatoes, Green Beans, Homemade Cookies
12:50	-	1:35	Motivation Brad Mills
1:35	-	2:20	Coaching the Bases Brad Mills
2:20	-	2:30	Break / Visit Exhibits
2:30	-	3:15	Developing a Pitcher Routine Darin Hendrickson
3:20	-	4:05	In-Season and Off-Season Training for Baseball Players Scott Bird
4:05			Door Prizes - Dozens of prizes, including a \$250 Grand Prize!

1 Pitch Warrior

Grand Prize
Sponsored by:



www.1pitchwarrior.com

Coach
Justin Dehmer

Brad Mills MLB Manager & Coach



- Currently the 3rd base coach for the Cleveland Indians
- Manager of the Houston Astros 2010-2012
- Over 31 years of professional baseball experience as player, manager, coach, scout
- 1995 Colorado Rockies Player Development Man of the Year
- cleveland.indians.mlb.com

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www.dingerbats.com

Darin Hendrickson Head Coach - Saint Louis University



- Led the Billikens to a school-record 41 victories in 2012
- SLU earned first A-10 regular season title in 2012
- Named A-10 Coach of the Year in 2012
- Career record of 577-257 (.692) in 15 years as college coach
- www.slubillikens.com

sponsored by



(618) 327-8866



Jake Wells Assistant Coach - Mississippi State University

Speaker Profiles

Scheduled to Appear

John Cohen Head Coach - Mississippi State University



- 20 years as a college coach, the last four at Mississippi State
- Career record of 447-307-1 (.593)
- Earned National Coach of the Year honors in 2006
- Guided MSU to #15 ranking in 2011
- www.hailstate.com (select Baseball)

sponsored by



www.masa.com

Scott Bird Director of Strength & Conditioning - U. of Missouri



- Over 22 years in Strength & Conditioning
- Named Master Strength & Conditioning Coach by the CSCCA in 2010
- Has coached 36 All-Americans and 6 conference players of the year
- At K-State, had 22 players selected in MLB draft, 6 in the top 10 rounds
- www.mutigers.com/sports/ath-performance

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www.lfpnfp.com

- 5 years coaching at Marion Military Institute, last 2 as head coach
- Coached the 2010 Alabama Community College Conference Player of the Year
- www.hailstate.com (select Baseball)

Thank You to Our Sponsors

Scott & Gayla
Moore



www.lenzfield.com

Frank & Susan
Watson



www.wareinc.com

Catered Lunch Provided By:



Robert 'Ish' Smith
Jack Trager
Tom Morgan

Online M.A.Ed. Coaching
greenville.edu/coaching

GREENVILLE
COLLEGE



Contact Mitch Koester - 618-545-3327



Tony Etnier - 618-437-5321 x 1347

Registration

Clinic Fees

	Pre-registered	At the door
Single Coach rates	\$50.00	\$60.00
Total for 2 coaches	\$90.00	\$110.00
Total for 3 coaches	\$120.00	\$150.00
Staff rate (4-7 coaches from same staff)	\$150.00	\$190.00
Players (age 13-22)	\$30.00	\$30.00

Bring multiple coaches and save!!

**All pre-registrations must be included with this form
No Refunds after January 9
Please make checks payable to Greenville Baseball**

Send payment to:
Joe Alstat
1000 E. State Rte 140
Greenville, IL 62246

Other contact info:
jalstat@bccu2.org
618.664.5580

Name: _____

School: _____

Email: _____

Phone: _____

2nd coach: _____

3rd coach: _____

4th coach: _____

attach additional names on another sheet of paper

Message from the Staff

Dear Coaches-
Time sure does fly! It is hard to believe that this will be our 10th year of the I-70 Baseball Coaches Clinic here in Greenville, IL. During the past ten years, we have been very proud to bring in some of the biggest and best coaches in Professional, College, and High School baseball to speak at our clinics. This year is no different. This year's speakers: Brad Mills, John Cohen, Darin Hendrickson, Scott Bird and Jake Wells, will challenge your thinking and help you to become a better baseball coach.

To those of you that have attended our clinics in the past, we would like to thank you and hope to see you back here in January. We are excited about a couple of changes we have made. First of all, instead of pizza, we plan on having a catered lunch served to all those in attendance. We have acquired additional sponsors to help offset this cost, but we hope that it helps to set our clinic apart from all the rest. We also will have a cash door prize to go along with the other dozens of items that we routinely give away at the end of the day. If you have questions about anything associated with our clinic, please give us a call or an email.

Sincerely,
Greenville High School Baseball Staff

Past Speakers

- | | | |
|--|---|--|
| <p><i>2003</i>
Gordie Gillespie
Brian Shoop
"Itch" Jones
Dave Altopp
Bryan Eversgerd</p> <p><i>2004</i>
Keith Guttin
John Cohen
Sam Riggleman
Bob Warn
Fred Blumberg</p> <p><i>2005</i>
Daron Schoenrock
Arnie Beyeler
Ed Servais
Jay Thompson</p> <p><i>2006 Seminar</i>
Gordie Gillespie
Tony La Russa</p> | <p><i>2006</i>
Keith Madison
Bruce Brown
Mike Anderson
Lindsay Meggs
Chris Hawkins</p> <p><i>2007</i>
Dan McDonnell
Scott Terry
Butch Thompson
Perry Roth
Tim Funkhouser</p> <p><i>2008</i>
Andy Haines
Bob Morgan
Mark Kingston
Dennis Conley
Lynn Carlson</p> | <p><i>2009 Seminar</i>
John Mabry
Mike Matheny
Tony La Russa</p> <p><i>2010</i>
Ron Polk
Derek Johnson
Jason Selk
Joel Hawkins</p> <p><i>2011</i>
Mark Johnson
Fred Corral
Mike Pinto
Bill Findley
Justin Fleener</p> <p><i>2012</i>
Perry Hill
Tim Jamieson
Andy Haines
Justin Dehmer</p> |
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Greenville, IL 62246
618.664.5580

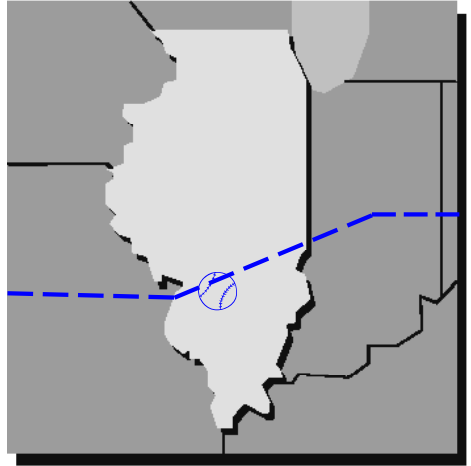
**I-70
BASEBALL
COACHES
CLINIC**

**Attention: Baseball Coaches
http://www.i70clinic.com**

10th Annual

I-70

BASEBALL COACHES CLINIC



Monday, January 21, 2013
Greenville High School Auditorium
Greenville, Illinois

Featuring



Brad Mills John Cohen Darin Hendrickson Scott Bird

sponsored by

Shelly Childerson
& Associates, LLC
(618) 664-3781
schilderson@nevco.com



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Greenville - Highland - Marine
www.bradfordbank.com